

BAYHEAD SHOP & 24-HOUR FUEL:

Licensed store with Post Office and 24-hour filling station. Our new Community Garden with outdoor seating and children's play area is now open. **Shop open:** Monday - Saturday 8am-6pm. **Post Office open:** Mondays 10am-1pm Tel 01876 510 257 On the Hebridean Way route, on B865 at Bayhead, HS6 5DS



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TRINITY TEMPLE is a historic ruin listed as of European significance and possibly Scotland's oldest University. The building is the remains of a medieval monastery and college founded by Beathag, daughter of Somerled. The building has been extended up to the 16th century but destroyed after the Reformation. Again restored in the 16th Century by Dotair Ban and recently renovated in 2011.



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THE ISLE OF BERNERAY is where you arrive by ferry from the Isle of Harris. Berneray Shop and Bistro, Berneray Historical Society and a post office are located in the village alongside a picturesque fishing harbour. West Beach has a 3 mile stretch of sand made up of broken shells and fringed with machair. Much of the landscape is agricultural with cornfields on the western side of the island; home to corncrake and other nesting birds in the spring and summer. To the north is a scenic walk with views towards the Harris Hills. Berneray is linked to North Uist by a causeway.



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NORTH UIST, popular with fishermen, walkers, birdwatchers, cyclists and motorhome owners has a varied landscape of saltwater lochs, cultivated crofts and magnificent beaches surrounded by machair. **Traigh Lingeigh** has a huge expanse of pure white sand, crystal waters and a shallow bay suitable for swimming and snorkeling. The ferry from Uig on Skye docks in **LOCHMADDY**. Na Madaidhean are rocks in the bay after which the loch and the village are named. The Loch is an area of conservation giving recognition to marine landscapes and diverse wildlife. **Taigh Chearsabhagh museum and heritage centre** is located in the village.

R.S.P.B. NATURE RESERVE at Balranald. Balranald is famous for its corncrakes, now one of Europe's most endangered species. The circular nature trail through the croft land of the reserves is 3 miles (4.5 km) and takes 2-3 hours. The trail goes through wildflower-rich machair and round a bird-rich headland. A wide selection of wildlife can be seen, from wading birds to the elusive otter.



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Visit the **HEBRIDEAN JEWELLERY** shop and workshop at lochdar, selling a wide variety of jewellery, giftware and books of quality and good value for money. This quality hand-crafted jewellery is manufactured on South Uist in the Outer Hebrides. The shop in South Uist has a coffee shop close by the beach, where light snacks are served. If you are unable to visit our shop, please visit us on our online store. www.hebrideanjewellery.co.uk Tel: 01870 610288. HS8 5QX.



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KILBRIDE HOSTEL, CAFE AND CAMPSITE:

An ideal stopping off point for anyone walking, cycling or visiting South Uist. En-suite bedrooms, meals and camping facilities. Situated by the white sand beach and Kilbride Cafe. Tel: 01878 700568 Mobile: 07751 251522 Email: kilbridesouthuist@gmail.com www.kilbridecampsite.co.uk



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SOUTH UIST is a beautiful island with clear waters and white sandy beaches to the west and heather uplands to the east. The 20 miles of Machair that runs alongside the sand dunes provides a habitat for the rare corncrake. Golden eagles, red grouse and deer can be seen on the mountain slopes to the east. To the east of the A865 near to Stilligary lies **Loch Druidibeg**, one of the best places in the Hebrides to see the full range of island wildlife and habitats. South Uist is an archaeologists paradise, a historians dream and the birthplace of Flora Macdonald, who gained immortality for assisting Bonnie Prince Charlie after he fled the mainland following his defeat at Culloden in 1746. Walking is part of the South Uist experience; **Ben Mhor**, **Ben Corodale** and **Hecia** are the highest peaks for the experienced hillwalker. There is a horseshoe walk to the hills from **Howmore Hostel** where you will see spectacular landscapes. **Lochboisdale**, once a major herring port, is the main settlement and ferry terminal. The marina is located at the end of the breakwater with facilities for visiting yachts. The Gaelic language, crofting industries, peat cutting and seaweed gathering are still an important part of everyday life. **Askernish Golf Course** is the oldest golf course in the Western Isles and is a unique test for any golfer.



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Isle of Barra - see map on Page 8



BÙTH BHARRAIGH (Castlebay)

Community run visitor information point and shop providing local produce, wholefoods, crafts and much more. Also: Laundry and Free WiFi **Open seven days a week** Phone: 01871 817948 Email: visit.info@buthbharragh.co.uk www.buthbharragh.co.uk



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BARRA HERITAGE CENTRE located close to the centre of Castlebay, **Dualchas** is placed in a prime location looking out over the bay to the southern islands. It is a treasure trove of historical documents, artefacts and photographs relating the story of the Herring fishing industry, the Clearances and the emigration which ensued after The Clearances. The centre is a visible commitment made by the community towards preserving Barra heritage and sharing their stories with people worldwide.



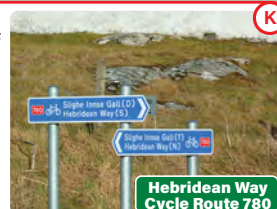
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CASTLEBAY SPORTS CENTRE is situated next to Castlebay School and includes a swimming pool (20 metres by 9 metres) with Sauna, which can be used in term time after 4pm and in the holidays from 2pm. Also available is a fitness suite area with Technogym equipment. For general enquiries or to book a gym induction please contact 01871 810129. For games hall bookings please contact Castlebay School on 01871 810100. www.cne-siar.gov.uk/csc/index.asp For the latest information check our Facebook page: 'Castlebay Sports Centre'



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THE HEBRIDEAN WAY is a classic 185 mile cycle route, starting at Vatersay to the south of Barra, and finishing at the Butt of Lewis, crossing 10 islands, linked by ferries and causeways. Following the official National Cycle route 780, it provides spectacular scenery and awesome coastlines. Along the west side of Benbecula, the cafes, restaurant and supermarket make it an ideal staging point. See maps on page 5 & 8.



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